

A Pronostication

of Cirra Water, a Jewe borne
in Jewry, a Doctoure in
Astronomie and Physycke,
Profytable to kepe the
body in helth, And
Ptholomeus
sayth the
same.





And I fynde in the science
of Astronomie, there ben foure
maner of Coolers in a mānes
body of the.iiij. Complexions.
The fyrst is blode, the seconde blacke Cool-
er, the thyrde flumes, and the fourth yel-
lowe Cooler. And yf one of the.iiij. lacke al
the body shulde be forth with deed, for as
moche sustayneth one of them the body as
the other. And eueryche of them ought to
be at a certayne, for and one of them sur-
mount the other, all the body shal haue do-
mage therby, and all.iiii. be peryllous, for
and the blode surmount the other, he might
lesseygner destroye and ouercome the body,
and make hym to dye, for he gadzeth and
congeleth euery ryght on the herte, and ta-
keth away the flat spyrte & the bryeth, and
in that maner (lesseygne) and is overcome
and deed, but at that tyme when the great
course taketh hym he may soone be aswa-
ged to lesse hym a lytell to take away a ly-
tell blode from hym, and anon all wyll a-
swage of this peryll.

Calco

Also the blacke cooler be right perillous
they surmount all the other, they may do-
mage greatly the body, and by many dy-
uers maners, for they may cause & make
the body to fall on the euill sykenes, and
lese his wyt and knowlege, and become a
fole, and cause also the body to be full of e-
uill scabbes, and often tymes to be mesell,
and maketh a man to be uselessfull, and a co-
warde / and of many euill maners. And
whā they surmount the other, they be right
greuous and damageous, And by herbes,
flowres, fastyng, abstinence, drynkes, and
medecynes they may be alwaged.

The flumes that be whyte be peryllous,
when they surmount the other Coolers of
the body, they do great damage and hurt,
for they engendre gowtes and many other
euill sykenes that be colde, and they hurt
also the feete and the handes, and raynes
and the knees, the legges, & the tethe, and
make the mouth and the bryeth styngyng,
and the nose, & the eares, and causeth ma-
ny other diseases and sykenesses, but they

A.ii.

may

may be asswaged by herbes, flowres, rotes
drinkes, medicines, & also by vomysing.
¶ Also the yelow cooler be peryllous, for
when they surmount the other Coolers, in
a mans body they (assorbent) the hert & tra
ueyle the brayne, & maketh all the mēbres
feble & soft, and taketh away the wyll and
the appetyte from the bodye, that he maye
not eate nor drinke, and also they chaunge
a mans colour, and maketh him to lose his
syght and become blynde, and they may be
also asswaged as the other flumes be, by
herbes, flowres, rotes, & by vomysing.

¶ These.iiii. humoures be of the.iiii. com
plexions, and they haue the domnuacion
of the body. iiii. tymes in the yere and, eche
of them a quarter of a yere.

¶ The yere is. xii. monthes, that is to say
iii. weekes and. i. day. And this is to vnder
stande. ecc. lx. dayes, and. vi. houres.

¶ The dysposycion of the fyrste
season of the yere.

Capricornus, Aquarius, and Pisces.

The

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The fyrst season of the yere þ hath do-
mination of the body of man, is.iii.
monethes, & they be named these.iii.
sygnes. Capricorne/Aquario/and Pisces.
And these.iii. sygnes haue power of all flu-
mes of the body of man and woman, and
they be colde and moyst, and they begyn to
reigne the. xxiii. day of Decembze & dureth
vnto the. xxiii. day of Marche.

The dysposicion of the.ii.
parte of the yere.

Aries, Taurus, and Gemini.

The.ii. parte of the yere, is other thre
monethes, and these be the sygnes.
Aries/Taurus/and Gemini. And they ha-
ue power in the body of man of the blode,
and they be hote & moyste, and they begyn
to reygne the. xxiii. day of Marche, and du-
reth vnto the. xxiii. day of June.

The dysposicion of the.iii.
season of the yere.

Cancer, Leo, and Virgo.

The.iii. season of the yere, be other.iii.
monethes, and these be the Sygnes.
A.iii. Canz

Cancer, Leo, and Virgo. And they haue power within the bodye of man, of the yelowe Coolers, and they be hote and drye, and they begynne to reygne on the. xxiiij. daye of Iune, and dureth vnto the. xxiiij. daye of Septembre.

The dysposicion of the fourth parte of the yeare.

Libra, Scorpio, and Sagittarius. The fourth parte of the yeare, be other thre monethes, & these be the sygnes, Libra, Scorpio, & Sagittarius, and they be colde and dry, and they begyn to reygne the. xxiiij. day of Septembre, and dureth vnto the. xxiiij. day of Decembre.

And by the maner of these. iiii. seasons every man may kepe hym from all contraries of meates and drinkes, and clothyng and from other contrarie. And yf a man wyll kepe hym after the maner that is rehearsed in this booke, he shal neuer haue infirmities of body, by the grace of God. Take a pelyter of spayne, & chawce it in thy mouth for it is good to spourge the heed, and the body.

body. Also eate fenell seede, and comen seede
for eche of these seedes dystroy the flumes
that all the euils in mānes body come of.

Cast.

Ignis Inuentus et Elias.

The water red & thyn, the grose male
red and hard, the spytte thicke & clam
mye. The sygnes, Aries, Leo, and Sagit-
tary, is gendred of coloryke, hote, and drye
and orientall, and the sykenes be take in
these sygnes, it is great peryl: but he haue
his medycyne colde & moyste, and the dyet
of the same Complexion, then he maye be
heled by the grace of God.

CWest.

Aer Adolescentia Aer.

The water red and thicke, the grose ma-
ter red and thyn, the spytte thyn and swete
the extremetyues out of course. The syg-
nes Gemini, Libra, and Aquarie, is engen-
dred of sanguyne hote and moyste, and oc-
cidentall, the cure is colde and drye, with
the dyete of the Complexion, cascina fistula
in aqua vite.

CNorth

C Northe.

Terta Senectus Autumpnus.

The water whyte and thyn, the grose
male blacke and thyeae, the spytte thycke
and sowre, the extremetyues bnneth felde,
the sygnes Taurus, Virgo, and Capricor-
nus: he is engendred of Melancolie colde,
and drye. Septemtryonall the cure hote/
and moyste / with the dyete of the same
Complexyon.

C Southe.

Aqua Senium et Hyems.

The water whyte and thycke, the grose
mater whyte and thycke, the spytte thyn/
and swete, the extremetyues feble, the syg-
nes Cancer, Scorpio, and Pisces, he is en-
gendred of Flume colde and moyste Meri-
dionall, the cure hote and drye of the same:
purgatio trauit aqua bite, or in potage.

Where he sheweth of the dysse-
mall & peryllous dayes that
cometh in the yeaere.

Maye

Mysiers of Astronomy and Physicke
 that this crafte fyrst founde, telleth
 the fyrste peryllous dayes, and the
 moſte dangerous dayes in the yeaſe. In
 whiche yf any man or woman be let blode
 of wounde or bayne, they ſhall dye within.
 xxi. dayes folowynge. Or who ſo falleth in
 ſykenes in any of theſe dayes, they ſhall
 neuer eſcape tyll they be deed, and who ſo
 take any great iourney in any of theſe day
 es to go farre from home, he ſhalbe in dan
 ger or dye, or he come home agayne, & who
 ſo weddeth a wyfe i any of theſe dayes ha
 ſtely, they ſhalbe departed, or els they ſhal
 lyue togyther w moche ſorrow. And who ſo
 begynneth in any of theſe dayes any great
 worke it ſhal neuer come to good ende, and
 theſe be the dayes folowing, that is to ſay.
 ¶ In January ar. vii. daies & is to ſay, the
 i. the. ii. & iii. & b. & x. & x. & x. & x. & the. xix.
 ¶ In februarye, are. iii. dayes, the. viii.
 the. x. and the. xxi.
 ¶ In Marche are. iii. dayes, the. x. and
 the. xvi. and the. xix.

B. i.

¶ In

In Apryl ar. ii. dayes, the. xvi. & the xxi.
In May ar. iii. dayes, the. vii. & xv. & xx.
In June are. ii. dayes, the. iiii. & the. vii.
In July are. ii. dayes, the. xv. & the. xx.
In August ar. ii. dayes, the. xix. & the. xx.
In Septēbre ar. ij. dayes, & vi. & the. vii.
In Octobze is one, that is the. vi. daye.
In Nouēbre ar. ii. dayes, & xv. & the. xix.
In Decembze ar. iii. dayes, & vi. the. vii.
 and the. ix. Et alii dicunt. xv. and. xvi.

And to ho so wyl lerne the Caniculer dayes
 whiche be dayes of great daunger and pe-
 ryll, as clerkes say, and they begyn the. xv.
 Kalē. of August, & dureth to the. iiii. No-
 uas of Septēbre, in whiche season is be-
 ry peryllous to take sickenes, and it is also
 peryllous to take drinckes, or medicynes, or
 to let blod, but yf it be for great nede, & that
 must be after the myddes of the day.

Here is the dyſtaunce be-
 twene the sygnes.

It is to vnderſtande, that there is a
 Cycle is the fymament that is called
 Zodiak, and is deuyded in. xii. eyn partes
 and

and of these partes be eliped the. xii. sygnes
in Latyn, these be theyr names.

Aries / Taurus / Gemini / Cancer / Leo /
Virgo / Libra / Scorpio, Sagittarius, Ca
pucornus / Aquarius / and Pisces.

These. xii. sygnes be in cōplexion, lyke to
the. iiii. Elementes, that is to say, the fyre
the Ayre, the Water, & the Earth. The fyre
is hote and dry, his element is lykened to
the Rame, the Lyon, and the Shoter / for
these be hote and dry. Also the ayre is hote
and moyste, to his element is lykened the
Chyldren, the Balañce, and the Water be
rer, for they be hote and moyst. The water
is moyste and colde, for to the water is ly
kened the Crabbe, the Scorpion, and the
Fylthe. The earth is drye and colde, to the
earth is lykened the Bull, the Mayde, and
the Gote, for they be dry and colde.

And eueryche of these sygnes is deuided
in. xxx. euyñ partes / and these partes be
called degrees in euery degree, and is deu
ded in. lx. euyñ partes, and these partes be
called minutes, & euery minute is deu
ded

B. ij.

m.

in. ix. eyn partes, & the partes be clepyd se-
cundes & so forth to the thirdes & fourthes
It is to vnderstande, that there be. vii.
planettes, as Saturnus, Jupiter, Mars,
Sol, Venus, Mercurius, and Luna: these
be the. vii. mouable starres. The forsaide. xii
sygnes taketh great power and myght of
the. vii. Planettes / and the. vii. Planettes
taketh great power of the. xii. sygnes / for
the planettes be to the sygnes, as soule to
the body: and the sygnes to the planettes,
as body to the soule. For lyke as the body
may do nought, nother worke without the
soule, so without the body, nomore may a
sygne of the. vii. planettes.

Saturnus is the hyghest / and next
beneth Saturnus / is Jupiter / beneth Ju-
piter / Mars / beneth Mars / Sol / beneth
Sol / Venus / beneth Venus / Mercurius /
beneth Mercurius / Luna.

The wyse Philosopher sayth, that
it is from the earth to Luna. cx. M. vii. C.
and. l. myle. From Luna to Mercurius, is
xii. M. vii. C. xii. myle, & di. From Mercu-
rius

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rius to Venus, is asmoche. From Venus
to Sol, is. xxiii. M. iiii. C. xxxvii. myle and
di. From Sol, to Mars, is. xv. M. vi. C. xxx
myle. From Mars to Jupiter is. lxxviii. M.
vii. C. xxi. myle. From Jupiter to Satur-
nus, is asmoche. And from Saturnus to
the firmament is. vi. score. M. iiii. C. and.
lxxv. myles.

Sūme of all the myles, is
xbiii. score. M. i. M. vii. C.
and. xxxiiij. and di.

Conjunction of the Moone.

Here is a rule of the chaunge of the
Moone, whā the Prime is on this let-
ter. A. the. iij. day before the Prime the. xix.
houre shalbe the chaunge of the Moone.
And you shall begyn to tell thynne houres,
at mydnyght for a daye naturall is from
mydnyght to mydnyght, whan the Prime
is on this letter. B. 3. di. than it shall chaū-
ge the fourth houre, that is to saye after
mydnyght, whan it chaungeth on this let-
ter. C. 4. di. than the. viii. houre, whan it is
on this letter. D. 4. di. than the. xj. houre/
B. iij. whan

whan it is on this letter. **C**. 4. di. than the
xviii. houre, whā it is on this letter. **F**. 3. di.
than the. xvi. houre, whan it is on this let-
ter. **G**. 3. di. than the. xvi. houre.

The dyspolycion of the. xii. Mo-
nethes vpon blode lettynge.

Ianuary.

In the monthe of Ianuary, let the no
blode the fyrst day for it is peryllous
ne on the. ii. day, ne the. v. day, ne the. x. day
ne the. xv. day, ne the. xix. day ne the. xx. day
ne the. xxv. day, but as often as thou wilt
drynke good whyte wyne fastyng. And al-
way take good hede of the dayes that be
aboue wyrtten, for they be peryllous for to
be let blode on; but the Sygne be ryghte
good for blode lettynge.

Febuary.

In the mont. of february, eate no po-
tage made of hokkes or maloyes, for that
is benym. And yf thou haue nede to blede
on thy wrist, on the bayne of thy thombe,
blede not on the. iiii. day, ne on the. vi. day,
ne on the. viii. day. But on the. xiii. day is
good

good, ne blede not on þ. xbiij. day, ne on the
xxviij. day, ne on the. xxxiij. day, but that the
sygne be very good, and thou mayst chole.

CMarche.

CIn the month of Marche, ate fygges
raylens and swete meates & drynkes, and
hote meates, and let the blode on the right
arme, on the. v. day or on the. viij. day, or on
the. xviij. day, for that is good agaynst all
maner of febres, but beware blede not the
i. day, ne the. x. day, ne the. xvi. day, ne the
xix. day, ne the. xxxiij. day, and thou mayst
chole, and yf thou do loke the sygne be very
good. **C**Apryll.

CIn the month of Apryll, blede on the lyfte
arme, on the. iij. day, or on the. xi. day or on
þ. xv. daye & thou shalt haue no great heed
ache ne lese thy syght that yere, & vse freshe
& hote meates, but bled not the. viij. day
ne the. xiiij. day, ne the. x. day, ne the. xx. day
for these dayes be not good for bledynge.

CMaye.

CIn the month of Maye yse crely & ate
and drinke betyme, vse hote meates & drinkes,

kes, but eate neither of heed nor sote while
that May last, & let the blode on the. i. day
or on the. xiiii. day, on whiche arme þe wylt
or on the. xxvii. day, or on the. xxviii. daye,
and it shal moch help the against al maner
of euyls, but beware that thou blede not
on the. iii. day, ne the. vi. day, ne the. xv. day

C June.

CIn the month of June, some Phylsici-
ons say þe it is good euery day to drynke a
quantite of colde water fastyng, and rule þe
of thy meate, & thy drynke mesurably, and
eate letuse and sage, and yf thou haue nede
blede on the. xxviii. daye for that is good/
but beware that thou blede not the vii. day
ne on the. x. day, ne on the. xv. day, ne on the
xvi. day, ne on the. xxii. day.

C July.

CIn the month of July, kepe the from Le-
chery, for than thy brayne and thy humou-
res ben alway open, and blede not in this
monthe, but yf thou haue great nede, and
than beware alwaye that thou blede not
vpon the. xiii. day, ne on the. xv. day, ne on
the.

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the.xix.daye ne on the.xxii.daye / for it is
bery daungerous.

C August.

CIn the month of August, eate no maner
of wortes, no: no maner of hote meates &
drynkes of spytery, no: blede not the. i. day
ne the. xx. day, ne þ. xxix. day, ne the. xxx. day
The other dayes þ mayste blede for great
nede yf the sygne be good for blod lettynge
but not els & thou loue thy selfe in helth.

C Septembze.

CIn the month of Septembze, al maner
frupte that is rypp, & not enfecte is good
for to eate, and blede on the. xvii. day, or on
the. xxvii. daye, & of the drypse, frense, and
palsey, ne of the fallynge euyl drede the not of
al that yere, and yf thou haue nede to brynge
more, beware that thou blede not the. iii.
day, ne the. iiii. day, ne the. xvi. day, ne the.
xxi. day, ne the. xxii. day.

C Octobze.

CIn the month of Octobze, drynke good
and holsome wyne, and blede not, but that
C. l. great

great nede make the, and loke that the syg
ne be very good, but yet beware that thou
blede not on the.iii.day, ne on the.vi.day,
ne on the.xvi.day, ne on the.xxiii.day and
thou wyllt do well.

¶ Nouembze.

¶ In the moneth of Nouembze, blede not
but for nede, for all thy blode is gathered
that tyme vpon thy heed bayne. Bath the
not, but vent the a lytell of grasyng, for
then ben all thyne humours ouer quicke to
blede; and yf case be that thou haue great
nede for to blede, beware of the.v.day, the
vi.day, the.xv.day, the.xix.day, the.xxviii.
day, and the.xxi.day.

¶ Decembre.

¶ In the monthe of Decembre, blede not
if thou haue great nede for the case, &
blede than on the.xxvi. day for it is ryght
good, & in case thou haue more nede to ble-
de beware of the.vii.day, p.xv.day, the.xvi
day the.xvii.day, & the.xvii.day, and i this
month come nye no fyre to thy shankes.

¶ Thus endeth the.xii.monethes.

¶ For

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For to vnderstande and knowe the
yeres that shalbe plenteous, & in great
habundaunce of gooddes.

In die dominica,
That is Sondag.

In the the yere that Ianyuere shal en-
ter on the Sondag, the wynter shalbe
colde and moyse, and the Sömer shalbe
hote, and the tyme of Haruest shalbe wynt-
dye, and, rayne, with great habundaunce
of corne of wynges, and of other graynes,
and of a gardyn fruyte and herbes, there
shalbe lytell Dyle, habundaunce shalbe of
al maner of flesch, some great newes shall
men here spoken, of kyniges, of Prelates,
of the churche, and other earthly Princes,
great warres and robboles shalbe made
and many yonge people shall dye.

In die Lune,
that is Monday.

In the yere that Ianyuere shal enter on
the Monday, the wynter shalbe peasable
ynough, and the Sömer shalbe very tem-

C. ij.

per.

perate. Than shalbe great flodes of wa-
ters, that shal byrke out of the? lymittes
and bondes, and many shypps bpon the see
shal perishe, and in that yere shal regne
dyuers sickenelles and chaunges of great
lordes shalbe made, many women shal pe-
rishe in trauplynge with chylde, many
great lordes shal dye, That yere shalbe
lytell grasse and mustarde seede, but there
shalbe plenty of corne and wyne and good
chepe fleshe, and but lytell Dyle.

I In die Martis,

that is Tuesday.

**I In the yere that Januarye shal enter
on the Tuesday, the wynter shalbe chaun-
geable and not stedfast, for in the prime ty-
me of trowth it shal freese, and that shal
hurt sore the Rye, the Wyne, and the flob-
ers, & the somer shalbe dry, hote, and bur-
ning, in somoch that the herbes of the gar-
dynes shal haue no power to come out of
the grounde. All thynges shalbe dere, saue
onely corne many men shal dye of the bloody
Rye, there shalbe no rydinges of thondres
lygh.**

lyghtenynges, and tempestes, but al flesh
shalbe dere, many wynges shal turne.

In die Mercurij,

that is wedensday.

In the yere that Ianyuere shal enter on
the wednesday, the wynter shalbe tempe-
rate, but in the ende there shalbe snowes,
and frost, y^e primetyme shalbe rayny great
habundaunce of all Cornes, of wynges of
fruytes, of haye, of grasse, and generallye
of all good thynges, The sōmer shalbe a
lytell clowdre, by the whiche therof shal
come great sykenes, pooze labourers, as
hande craftes and artificiers, shal gayne
metely well this yere, many theues shalbe
by whom the meane people shalbe sore pyl-
led and dyscōforted, great waters, batayle
and slaughter shalbe towarde the myddes
of the yere, by the whiche shal come great
goods to some men. In the ende of the yere
shalbe diuers pestilences, botches, & fallyn
ge euyls, and specially next the see.

In die Jouis,

that is Thursday.

E.iii.

In

In the yere that I anyuere shall enter
on the Thursday, the wynter shall longe
and most parte dry, and this yere shall be
ry holsome. The Sumetyme shall be verpe
wyndy, the sōmer shall be good and tempe-
rate, and haruest shall be most parte rayny,
by the whiche the waters shall sore bryke
out of their bondes, the wheete and wynges
shall be good chepe, there shall be of Otes of
hay, of grasse, and of fruytes competently
ynough great warre & deuylion shall be be-
twene the churche and the kynges, and the
princes & in the ende the princes shall haue
victories of theyr enterpyles women shall
set them selfe moche to Lechery, the people
shall be well eased of taxes and talleges.

In die Veneris

that is Frydaye.

In the yere that I anyuere shall enter
on the Frydaye, the wynter shall longe &
drye, and the sōmer vnholsome, haruest,
shall be dry, all corne shall be dere, the wynter
shall be good ynough & habundaunce
of oyle, of fruyte, of haye, of grasse, & of all
gar-

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gardyne herbes, the world shalbe sore per
secuted wth dyuers synkenesses, as sore eyes
and of all etyckes, many yonge chyldren
shal dye, great thondres, lyghtnynges, &
tempestes shalbe, that shal greue sore all
the grounde: there shalbe earthquakes, and
good chepe cloth, pooze people shal gayne
lytell o^r nothyng, many bestes shal dye
foz hunger, foz the dyuersyte and maladye
of the tyme.

CIn die Sabbati,

that is Saterday.

CIn the yere that Jaquere shal enter
on the Saterday, the wynter shalbe tem-
perate suffycently: and in the primetyme
shalbe frostes, the whiche shal destroye the
Ryes, the bynes, the Oyles, & the feuytes/
the sōmer shalbe metely temperat, the har-
vest tyme shalbe drye, the Otes and other
corne shalbe good chepe, al gardyne herbes
shalbe chepe ynoughe, and fleshe shalbe
good chepe, many olde people shal dye. Fe-
uers tercians shal greue sore the worlde,
that shalbe synke thorough euyl hete. And

ma-

many murmuracions, warre & murders,
shalbe done, by one against the other, and
neyghbours agaynst neyghbours / and
many other cases shalbe often tymes com
mytted and done. . . .

Efinis:

Thus endeth this pro
nostycacion for euer.

Impyrinted
by me Robert Wyer.

*Cum priuilegio, ad
imprimendum
solum.*

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ROBERT & WYER

